

Step 1/4

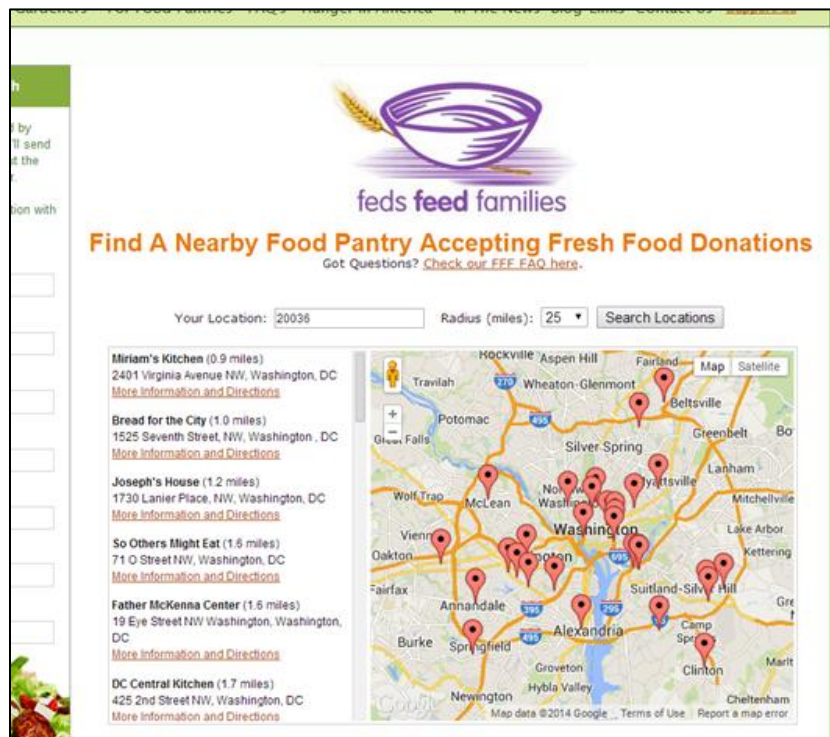
Go to www.AmpleHarvest.org/FFF.

That takes you to our special page for FFF.



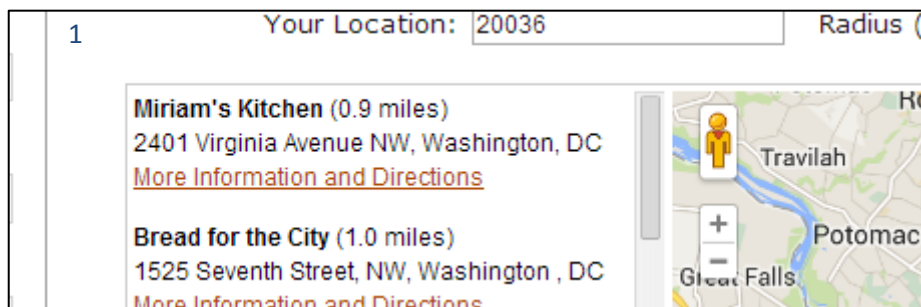
Step 2/4

Enter your home zip code and press “Search Locations” to bring up a listing of pantries, soup kitchens, etc. near you.



2.

Press the “More Information and Directions” link under the pantry you want to donate to.



Step 3/4

Take the food to the pantry when you harvest it.

ardeners For Food Pantries FAQs Hunger in America In The News blog Links Contact Us [Support Our](#)

Food Pantry Information



feds feed families

Food Pantry Information

If you believe as we do in *No Food Left Behind*, then [click here to support our work.](#)

Miriam's Kitchen
2401 Virginia Avenue NW
Washington, DC 20037

Contact: John Murphy
Phone: 2024528926
Fax: 2028358376
Email: john@miriamskitchen.org
Website: www.miriamskitchen.org

Donation Days/Times: Monday-Friday 6 am-6 pm

State Cooperative Extension:
http://www.udc.edu/cooperative_extension/coop_ext.htm

Your Address

[Print a FFF/Tax Receipt For Your Fresh Food Donation](#)

I found you on:
AmpleHarvest.org
Sharing your garden bounty with neighbors in need



Step 4/4

To report the donation to FFF as well as create a receipt for your tax reporting, press the QR code the lower right of the pantry page

The screenshot shows the 'Food Pantry Information' page for Miriam's Kitchen. It includes contact information, a 'Your Address' input field with a 'Get Directions' button, and a QR code labeled 'Print a FFF/Tax Receipt For Your Fresh Food Donation'. A red arrow points from this QR code to the receipt form below.

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fed's feed families

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[Print a FFF/Tax Receipt For Your Fresh Food Donation](#)

Print two copies of the form... one for the FFF reporting and one for your tax reporting.

Leave the top of the form attached to the bag/box you brought the food in so the pantry will know it came from an FFF donation.

Keep the bottom half for your records.

Feds Feed Families / Tax Receipt for Fresh Food Donations

Date
Pantry Name
Pantry Address

Fresh Food Donated

Item	Pounds	Cost per pound at local store	Fair market value of donated food
Plum Tomatoes	10	\$1.49 / lb.	\$14.90
Totals			

Food Pantry Signature

Instructions: Fill in this form with your donated fresh food information and ask the food pantry staff to sign it. Make a photocopy of the form. Place one copy in the FFF food collection box at your office and keep the second for your tax records. Please also email a copy to IShared@AmpleHarvest.org or fax it to 866-748-3516.

Note: Consult with your tax advisor concerning the deductibility of your food donations for federal and state

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AmpleHarvest.org
"Sharing your garden bounty with Neighbors in Need"