AmpleHarvest.org (SM)

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Ending Hunger and Malnutrition in Your Community

Over 50 million Americans rely on a local food pantry to help feed their families yet they can't get fresh fruit or vegetables.

Over 40 million gardeners across America grow fruit, vegetables, herbs – often more than they can use, preserve or give away.

It does not have to be this way

The AmpleHarvest.org Campaign backed by Google, the USDA, many faith and service organizations and food banks across America enables millions of gardeners to share their excess harvest with neighborhood food pantries.

This **free** nationwide campaign has already registered nearly 6,000 food pantries across all 50 states with more signing up daily. For millions of Americans, it is the **only** way they'll get healthy, fresh food.

Here are some ways you can help:

Support AmpleHarvest.org
Visit **www.AmpleHarvest.org/support** to help. Your generous support or that of a foundation or corporate grant program you work with helps to sustain AmpleHarvest.org's work on a nationwide basis. AmpleHarvest.org is the most cost efficient anti-hunger initiative in America! Donations are tax deductible.

Urge a local food pantry to register at AmpleHarvest.org.
Find the food pantry in your community - possibly in a nearby house of worship, YMCA or other civic location. Give them the **AmpleHarvest.org/pantry** flier and urge them to register ASAP. Let them know they don't need refrigeration for freshly harvested produce, they don't need the Internet and that AmpleHarvest.org is totally FREE!

Help others learn about AmpleHarvest.org.
Put **AmpleHarvest.org/blogarticle** in your blog or newsletter

Help local gardeners learn to share their garden bounty
Print the **AmpleHarvest.org/gardenshop** flier and post it in local garden shops, nurseries, community and bulletin boards to help growers help the hungry.

Help publicize the AmpleHarvest.org Campaign
Ask your local media to visit **AmpleHarvest.org/press** and do a story about people in the community wanting fresh produce for their families from the local food pantry.

Invite Your Friends nationwide to download and buy "Garden of Music"
Visit **www.AmpleMusic.org** to find and buy music created by young people about hunger in America. All proceeds benefit AmpleHarvest.org

Ask your friends nationwide to follow us
Follow us at **facebook.com/AmpleHarvest.org** and **twitter.com/AmpleHarvest**

Within one hour of registering Community Resource Center on the AmpleHarvest.org website I received a call from a local family of four with 10 orange trees.

Comm. Resource Food Pantry, CA

AmpleHarvest.org has been a huge benefit to our partner agencies and has really helped getting fresh fruits to those in need.

Feeding America of San Diego, CA

We have been trying to find a good way to communicate to gardeners which food shelves they can donate to. I think ampleharvest.org is the missing link we have been looking for.

Second Harvest Heartland, MN

.. [our food bank] has sent your website and produce offer out to us....I do have to say "Hot Diggity!!"

LIFE Food Pantry, Loveland OH