

AmpleHarvest.org^(SM)

"Sharing your garden bounty with Neighbors in Need"

Two Looks at Hunger in America

More than 50 million Americans needing assistance from a neighborhood food pantry almost never have access to fresh produce.

More than 40 million Americans grow food home gardens - often more than they can possibly use, preserve or give to friends.

It does not have to be this way!

The AmpleHarvest.org Campaign diminishes hunger in America by enabling home gardeners to share their excess garden produce with neighborhood food pantries eager for this garden bounty.

You Can Diminish Hunger in Your Own Community

If you know of a food pantry or food bank in your community, help fight hunger by printing the flier at www.AmpleHarvest.org/pantry and giving it to the people who run the pantry

If you garden, share your excess harvest. If you are a member of a garden club, help fight hunger in your community by giving them the flier at www.AmpleHarvest.org/gardener.

The AmpleHarvest.org Campaign, created in 2009 by CNN Hero Gary Oppenheimer with backing from Google Inc., the USDA and numerous faith/service organizations helps nearly 6,000 local food pantries across America by enabling millions of gardeners to reach into their backyards instead of their back pockets to help their neighbors in need.

Your donated garden produce may be the only fresh food available to food pantry clients. Your donation also helps the environment. All this... and it won't cost you a dime!

Reach into your backyard instead of your back pocket to help your neighbors in need!

An estimated 100 billion pounds of food – enough to eliminate hunger in America, is wasted every year. It does not have to be this way – and you can help change it!

Visit www.AmpleHarvest.org/faq to learn more.