



Share Your Ample Harvest With A Food Pantry Near You!

Your Goal: “No Food Left Behind”

This guide illustrates how you can share your garden bounty with one of more than 8,500 food pantries across America. *Even after FFF ends!*

More information is available at www.AmpleHarvest.org/FFFAQ



The days of “Jars, Cans, Boxes – No Fresh Food” have ended

Step 1/5

Start at www.AmpleHarvest.org/FFF

Step 2/5

Enter your home zip code and press to bring up a listing of pantries, soup kitchens, etc. near you.

feds feed families
Find A Food Pantry Accepting Fresh Food Donations
Got Questions? [Check our FFF FAQ here.](#)

Your Location: Radius (miles):

- Miriam's Kitchen (0.9 miles)**
2401 Virginia Avenue NW, Washington, DC
[More Information and Directions](#)
- Bread for the City (1.0 miles)**
1525 Seventh Street, NW, Washington, DC
[More Information and Directions](#)
- Joseph's House (1.2 miles)**
1730 Lanier Place, NW, Washington, DC
[More Information and Directions](#)
- So Others Might Eat (1.6 miles)**
71 O Street NW, Washington, DC
[More Information and Directions](#)
- Father McKenna Center (1.6 miles)**
19 Eye Street NW Washington, Washington, DC
[More Information and Directions](#)
- DC Central Kitchen (1.7 miles)**
425 2nd Street NW, Washington, DC

Press the “More Information and Directions” link under the pantry you want to donate to.

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Step 3/5

Food Pantry Information



feds feed families
Food Pantry Information

If you believe as we do in *No Food Left Behind*, then [click here to support our work](#).

Miriam's Kitchen
2401 Virginia Avenue NW
Washington, DC 20037

Contact: John Murphy
Phone: 2024528926
Fax: 2028358376
Email: john@miriamskitchen.org
Website: www.miriamskitchen.org

Donation Days/Times: Monday-Friday 6 am-6 pm

State Cooperative Extension:
http://www.udc.edu/cooperative_extension/coop_ext.htm

Your Address

[Print a FFF/Tax Receipt For Your Fresh Food Donation](#)

I FOUND YOU AT:

AmpleHarvest.org 



Take the food to the pantry when you harvest more than you can use, preserve or share with friends. For as long as you continue to garden.

Large and small donations are accepted.



Step 4/5

To report the donation to FFF as well as create a receipt for your tax reporting, press the QR code the lower right of the pantry page

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Your Address


[Get Directions](#)



[Print a FFF/Tax Receipt For Your Fresh Food Donation](#)

I FOUND YOU AT:  

Print two copies of the form: one for reporting to FFF and one as a charitable donation receipt for your income taxes.

Attach the top of one form to the bag/box containing the food in so the pantry will know it came from an FFF donation. Keep the bottom half for tax your records.



I FOUND YOU AT:
 

Feds Feed Families Reporting Form
and
Charitable Donation Tax Receipt

Date	Pantry Name	Pantry Address	Fresh Food Donated	
Item	Pounds	Cost per pound at local store	Fair market value of donated food	
Plum Tomatoes	10	\$1.49 / lb.	\$14.90	
Totals:				
Food Pantry Signature				

Instructions: Itemize your donated fresh food information and then ask the food pantry staff to sign it. Make a photocopy of the form: place one copy in the FFF food collection box at your office and keep the second for your tax records. Lastly, please also send a scan/photocopy to Jshared@AmpleHarvest.org or fax it to 866-748-3516.

Note: Consult with your tax advisor concerning the deductibility of your food donations for federal and state taxes.

 I FOUND YOU AT:  

Step 5/5

Share your ample harvest with the food pantry and share your story with everyone else. Take a photo of your bounty and send it to IShared@AmpleHarvest.org. Be sure to put “This is an FFF donation” in the subject line”.

