

Glossary of Food Assistance Terms

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| AAFB | Association of Arizona Food Banks: A non-profit organization whose regional member food bank warehouses are also Feeding America members or agencies that receive and distribute emergency and supplemental food throughout Arizona's 15 counties. |
| AFDC | Aid to Families with Dependent Children: Now known as TANF. (See Cash Assistance). |
| Area Served | Portion of community or state served by a food bank, pantry or food provider organization. |
| AZ 211 | A web-based resource to find assistance or information for human service needs. |
| AZ FMNP | Arizona Farmers Market Nutrition Program: A subsidized voucher program that allows low-income women, children and seniors to access better nutrition by shopping for fresh vegetables at local farmers' markets while bringing direct revenue to Arizona growers to increase economic and community development. |
| AZ Self Help | A website that estimates eligibility for social service programs like food stamps, etc. |
| Bargain Baskets | A cooperative food purchasing program that provides a variety of food package(s) for \$10.(cash or food stamps). Operated by Desert Mission Food Bank - Phoenix. |
| B.R.E.A.D. | <u>B</u> ridges <u>R</u> eaching the <u>E</u> lderly <u>A</u> nd <u>D</u> isabled provides supplemental food to seniors with financial hardships. |
| Brown Bag | A supplemental bag of groceries provided weekly or on a regular basis to seniors or participating households. |
| C.A.P. | Community Action Program: an agency that provides a range of services to address the effects of poverty. |
| CSFP | Commodity Supplemental Food Program: a monthly package of supplemental food including canned meats, fruits, vegetables, juices, egg mixes, rice and dried beans, and nutrition education provided at no cost to low-income children (1 to 6 years old), pregnant, breast feeding and non-breast feeding post-partum women, and senior citizens (60 + years old). (See Food Plus). |
| Cash Assistance | Provides cash to low-income qualified families with parents or specified relatives of children under age 19 that are in their care and to some pregnant women in their last three months of pregnancy. |
| Child & Adult Care Food Program | Benefits to child or adult day care providers who care for children or adults in a private or group day care setting. The amount of time a child or adult is in care determines the number of meals or snacks for which they qualify. |
| DES | Arizona Department of Economic Security: Administers a wide variety of social service programs. |
| Day Care Nutrition | Also known as Child and Adult Day Care Food Program , offers nutritious meals and snacks to children and certain adults in day care settings. |
| EBT | Electronic Benefit Transfer: The method by which Food Stamps (SNAP) and some other assistance benefits are delivered to qualified individuals. Plastic debit-type card known as the Quest card in Arizona. |
| EFNEP | Expanded Food and Nutrition Education Program is a no-cost nutrition education program operated by the University of Arizona Extension Service for low-income households to learn meal planning, budgeting and other essential food preparation skills. |
| FDPIR | Food Distribution Program on Indian Reservations: provides a monthly box of groceries as an alternative to food stamps to any income/resource eligible person living on the reservation and income/resource eligible tribal members living near the reservation. (See Native American Food Distribution Program). |
| Food Box | A three to five day supply of emergency food for a family or individual in need. |
| Food Plus | A monthly package of supplemental food. (See CSFP) |
| Food Stamps | U.S.D.A. entitlement program for low-income persons who qualify for benefits redeemable for up to 75% of a household's monthly food budget. Benefits are provided to participants using EBT cards. The name of food stamps changed to Supplemental Nutrition Assistance Program in 2008. |
| Food Value Club | A cooperative food purchasing program that provides a variety of food package(s) from \$13 to \$35 (cash or food stamps). The program makes food boxes available to the general public without qualification or identification. Operated by St. Mary's Food Bank Alliance - Phoenix. |
| General Assistance | Financial assistance for persons who are temporarily disabled or who provide care for a disabled person in the home. |
| Gleaning | The gathering of un-harvested crops from fields, orchards and backyards or surplus product from |

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| | produce warehouses to feed hungry people. |
| Harvest Club | A cooperative food purchasing program that provides food package(s) for \$18 (cash or food stamps). Operated by Yuma Community Food Bank - Yuma. |
| Healthy Native Box | A cooperative food purchasing program that provides food package(s) for \$20 (cash or food stamps). Operated by St. Jude Food Bank – Tuba City. |
| Help Yourself Box | A cooperative food purchasing program that provides food package(s) for \$15 (cash or food stamps). Operated by United Food Bank – Mesa. |
| Home-Delivered Meals | Meals delivered to homebound elderly or physically disabled eligible individuals. (See also Meals on Wheels). |
| I & R | Information and referral to social services. |
| Infant Food Box | An emergency supply of foods for children (birth to 2 years) including infant formula and other needed items. |
| Job Programs | Is a privatized welfare-to-work program that provides one-on-one case management and specialized services to help individuals and their families achieve economic self-sufficiency through employment. Maximus Jobs Program is operating in Maricopa County. |
| Kids Café | After school and evening meal program for children in low-income areas. Sponsored by Boys & Girls Clubs, community centers, schools, etc. |
| Meals on Wheels | Meals delivered to homebound elderly or physically disabled eligible individuals. (See also Home-Delivered Meals). |
| Native American Food Distribution Program | Provides a monthly box of groceries as an alternative to food stamps to any income/resource eligible person living on the reservation and income/resource eligible tribal members living near the reservation. (See FDPIR) |
| On-Site Meals | Provides a meal, prepared on location, to eligible individuals. |
| PPEP | Portable Practical Education Preparation: serving migrant farm workers and rural residents with social service needs. |
| Produce Distribution Network | Phone and transportation networks set up currently in many rural areas of Arizona; to distribute gleaned produce and other product to agencies and hungry people periodically during harvesting season. (Call AAFB for more information: (602) 528-3434 or 1-800-445-1914). |
| Quest Card | Plastic debit-type card, the method by which Food Stamps and some other assistance benefits are delivered to qualified individuals in Arizona. (See EBT). |
| SSN | Social Security Number. |
| School Lunch and Breakfast | Free or reduced price meals for school-age students who are low-income and participating in the program. Offered through public and other eligible schools to provide balanced meals to students. |
| Senior Nutrition Program | Congregate meals program and home-delivered meal program for anyone 60 years or older, or handicapped, who are in "greatest economic and social need". |
| Soup Kitchen Commodities | Supplemental food offered through the U.S. Department of Agriculture available to agencies that serve On-Site Meals and to food banks that serve low-income people. |
| Summer Food Service Program (CFSP) | Provides free nutritious meals to low-income children (birth to 18 years of age) from May-August or during inter-sessions for year-round school schedules in low-income areas. Program is operated by schools, and in some cases, by non-profit organizations, or Parks & Recreation Department. |
| SVdP | Society of St. Vincent de Paul. |
| TANF | Temporary Assistance to Needy Families: formerly known as AFDC. (See Cash Assistance). |
| TEFAP | The Emergency Food Assistance Program: provides surplus USDA commodities for distribution by food banks and their agencies to qualified individuals through emergency food boxes, special programs, and mass distributions. |
| USDA Commodities | Limited supplemental food offered on a monthly basis to low-income people through qualifying organizations. Programs such as CSFP and TEFAP are included in this category. |
| Value Food Stores | A cooperative food purchasing program that provides food package(s) for \$15 (cash or food stamps). Operated by Community Food Bank - Tucson. |
| WIC | Women, Infants, and Children Supplemental Food Program: provides income-eligible, nutritionally at-risk pregnant women and new mothers and infants/children up to five years old a monthly supplement of food from the basic food groups. Participants are given vouchers to use at grocery stores for the approved items and receive regular nutrition education as well. |